

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lessons	Private Lessons	Privates 10.30am-11.30am	Private Lessons	Private Lessons	Little Ninja 10.30am-11.00am
Little Ninja's 4.15pm-4.55pm	Little Ninja's 4.15pm-4.55pm	Little Ninja's 4.15pm-4.55pm	Little Ninja's 4.15pm-4.55pm		Kids Karate 11.00am to 11.55am All Grades
Kids Karate 5.00pm-5.55pm Novice White Belt to Advanced Yellow	Kids Karate 5.00pm-5.50pm Novice White Belt to Advanced Yellow	Kids Karate 5.00pm-5.55pm Novice White Belt to Advanced Yellow	Kids Karate 5.00pm-5.50pm Intermediate Low Orange to Advanced Purple	Black Belt Club 5.00pm-5.55pm	Private Lessons
Kids Karate 6.00pm-6.55pm Intermediate Low Orange to Advanced Purple	Brazilian Jiu Jitsu 6.00pm- 6.55pm	Kids Karate 6.00pm-6.55pm Intermediate Low Orange to Advanced Purple	MMA 6.00pm-6.55pm	Kids Karate 6.00pm-6.55pm Advanced Low Red and Above	Kickboxing 1.30pm-3.00pm Beginner to Advanced
Kids Karate 7.00pm-7.55pm Advanced Low Red and Above	Kickboxing 7.00pm-7.55pm Beginners and Getting Started Classes	Kids Karate 7.00pm-7.55pm Advanced Low Red and Above	Kickboxing 7.00pm-7.55pm Beginners and Getting Started Classes	Brazilian Jiu Jitsu 7.00pm- 8.00pm	Private Lessons
Adult Karate 8.00pm-9.15pm Novice to Advanced	Kickboxing 8.00pm-9.30pm Intermediate to Advanced	Adult Karate 8.00pm-9.15pm Novice to Advanced	Kickboxing 8.00pm-9.30pm Intermediate to Advanced		